

The book focuses on stress in the context of education and health. The first part is concerned with stress in educational settings including stress, anxiety, and coping of preschoolers, primary school children, college students adolescents and teachers. The second part deals with stress and its effects on health, e.g. while coping with a disaster, with chronic pain or myocardial infarction.

Stress and Anxiety

Edited by Petra Buchwald, Kathleen A. Moore and Tobias Ringeisen

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Application to Education and Health

Logos Verlag Berlin

ISBN 978-3-8325-2886-7

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