

STAR NEWSLETTER

May 2001

STRESS AND ANXIETY RESEARCH SOCIETY



Volker Hodapp, Editor
J. W. Goethe-University
Frankfurt/Main, Germany

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President's Column

Christine Schwarzer
Heinrich-Heine-University, Düsseldorf, Germany

Dear STAR members,

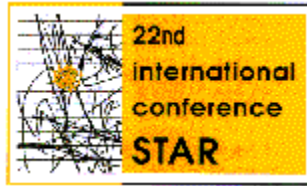
our society has started the new millennium enthusiastically and with an increasing number of STAR members. The high interest in our subject becomes especially visible at the high attention paid at the conference at Majorca where we are going to expect over 250 paper presentations, symposia and poster presentations. The group around Javier Pareja had to cope with an unusual amount of responses to the conferences call for papers. They all did a great job in organizing the program which you can see on our homepage as well as in this newsletter.

I'm sure we are all looking forward to this 22nd conference at this outstanding location in the Mediterranean sea.

The high recognition our society has gotten over the last years becomes also visible in an increasing cooperation with the members of the special interest group "Stress and Coping of the American Educational Research Association (AERA)" with which I made contact at this annual meeting at Seattle. We were able to negotiate some interesting common publications with a publisher. An issue which I would like to discuss with you at the Majorca conference as well as about our next STAR conference in Melbourne, Australia.

See you in Majorca.

Yours,



22nd STAR International Conference PROGRAM

Wednesday, 11th July, 2001

Preconference Activities

- 17.00-19.00 Registration desk open.
19.00-20.30 STAR Board Meeting.
21.00 Informal get together-no host.
(Cappuccino Café, C/ Sant Miquel, 53)

Thursday, 12th July, 2001

- 8.30-9.30 Registration desk open.
9.30-10.00 Opening ceremony.
10.00-10.45 Invited address 1: "Measuring stress in the workplace".
Charles D. Spielberger (Chair: C. Schwarzer, STAR President).
10.45-11.15 Break and Interactive Poster Session: 1
11.15-12.30 Parallel Session:1 to 4

Parallel Session 1: "Hospital downsizing and nursing staff psychological health" Chair: R.J. Burke and E. Greenglass.

- Impact of restructuring scale: An instrument to measure effects of Hospital restructuring. Greenglass, E. and Burke, R.J.
- Nursing staffs survivor responses to Hospital restructuring and downsizing. Burke, R.J.
- Downsizing and privatization: A romanian perspective on restructuring the health-care system. Baban, A., Burke, R.J. and Greenglass, E.
- The effect of Hospital restructuring initiatives perceived by Australian nurses. Moore, K.A.

Parallel Session 2: "Coping and Health" Chair: J. Pérez-Pareja.

- Coping with the stress of a military deployment: Psychological and physical health. Dolan, C.A., Huffman, A.H., Adler, A.B. Wright, K.M., Thomas, J.L. and Castro, C.A.
- Coping strategies in traumatic brain injury. Pascual, F.D., Iruarrizaga, I. and Muñoz-Céspedes, J.M.
- Relationship between sense of coherence (SOC) and coping styles in alcohol dependence treatment. A follow up study. Mroziak, B. and Wójtowicz, S.
- Psychological predictors of coping with stress in overweight people. Oginska-Bulik, N. and Juczynski, Z.
- Gender differences in adolescents' ways of coping. Piko, B.

Parallel Session 3: "Test anxiety I" Chair: A. Baptista.

- The nature of test anxiety. Masson, A. and Baptista, A.
- Test anxiety, cognitive interference, coping, study habits and test results. Baptista, A.
- Types of Test-anxious students: Differences in perfectionist orientations. Stöber, J.
- Making friends with performance anxiety. Tarrant, R.
- Effects of anxiety on memory tasks in young children. E. Vasilaki.

Parallel Session 4: "Work Stress" (spanish) Chair: J. Martín.

- Development of an instrument for the measure of the habits of dream as indicator from the adaptability to the night work. Martín, J., Díaz, E.M. and Rubio, S.
- Work stress in the small and medium companies of Río Cuarto. Barron, J.
- The risk perception in the reduction of the accidentability rates. García-Rodríguez, Y. and Fernández, J.C.
- The risk perception assessment in the labor environment. García-Rodríguez, Y.

12.30-12.45	Break
12.45-13.30	Invited address 2: "Emotions and cardiovascular disorders". J.J. Miguel-Tobal. (Chair: A. Puente)
13.30-16.00	Lunch
16.00-17.15	Parallel Session: 5 to 8

Parallel Session 5: "Anger, anger expression, and hostility: Implications for psychological functioning" Co-chairs: E. Greenglass and V. Hodapp. Discussant: C.D. Spielberger.

- Anger expression, social support, and quality of life in cancer patients. Julkunen, J. and Hietanen, P.
- Anger expression, social support and gender: Implications for anger management. Greenglass, E.
- Impact of perceived child abuse on depression, anger and AIDS risk in native american women. Hobfoll, S., Bansal, A., Schurg, R., Young, S. Pierce, C.A. and Hobfoll, I.
- Anger and hostility: Two distinct but related concepts. Hodapp, V.
- Anger expression, areas of life and blood pressure in women. Bongard, S., Stuchliková, I., Müller-Staske, M. and Man, F.

Parallel Session 6: "Psychophysiology and anxiety"
Chair: T. Sosnowski.

- Program running vs. Problem solving: An analysis of hearth rate and blood pressure changes. Sosnowski, T., Rynkiewicz, A. and Piotrowska, D.
- Experimental anosmia as animal model of anxiety: Understanding brain mechanisms. Kalueff, A.V.
- Emotion and psychophysiological reactivity: The control perception modulator. Bрева, A., Galindo, M.P., Fernández-Abascal, E.G. and Palmero, F.
- Is "defensive hostility" a better predictor of cardiovascular reactivity?. Landeta, O., Martínez, R., Martínez, F. and Palmero, F.
- Integrated system for ambulatory measurement and spectral analysis of hearth period variance. A non invasive tool to assess autonomic balance. Láng, E., Izsó, L., Horváth, G., Slezsák, I., Kelemen, J. and Bálint, G.

Parallel Session 7: "Assessment I" Chair: A. Cano-Vindel.

- Psychometric properties of the inventory of control, defence and expression of negative emotions- CDE. Cano-Vindel, A. and Miguel-Tobal, J.J.
- Lifestyle defense mechanism inventory: Preliminary italian adaptation study. Comunian, A.L., Biasi, V., Giannini, A.M. and Bonaiuto, P.
- The perceived stress scale. Preliminary psychometric study with spanish HIV+ sample. Remor, E.A. and Carrobles, J.A.
- The development and initial validation of a test anxiety scale for children. Wren, D.G. and Benson, J.

Parallel Session 8: "Stress in sanitary personnel and caretakers" (spanish). Chair: N.B. Leibovich.

- **Nursing Stress. The co-assessment applied to a complex phenomenon.** Leibovich, N.B. and Schufer, M.L.
- **Laboral stress: Burnout syndrome in qualified personnel looking after elderly people.** Manzano, G., Ramos, F. and Meneses, V.
- **Application of a programme for the prevention and how to face work stress in nursing.** Pades, A.
- **The burnout in Madrid's psychologists.** Benevides, A.M.T and Moreno-Jiménez, B.
- **Anxiety, Anger, and Burnout: A treatment programme for hospital personnel.** Pérez Nieto, M.A., Miguel-Tobal, J.J., Cano-Vindel, A., Sayalero, M. and Blanco, J.M.

17.15-17.45 Break and Interactive Poster Session:2.
17.45-19.00 Parallel Session: 9 to 12

Parallel Session 9: "Stress in academical settings" Chair: P. Buchwald.

- **An evaluation of a stress management program for elementary school children.** Klein-Hessling, J. and Lohaus, A.
- **Supervisor's stress.** Bakioglu, A. and Gurdal, A.
- **The role of action and cognitive strategies in goal accomplishment and psychic well-being among student teachers.** Rajala, R.
- **The anxiety of technical education faculty students about their future psofessions.** Unal, S., Kurum, Y. and Unal, Y.
- **The methods applied by school principals to lower the stress level of teachers.** Unal, S. and Kurum, Y.

Parallel Session 10: "Reducing Anxiety and Stress" Chair: J. Stöber.

- **Reducing anxiety in stressful environments: A study of dentists' waiting rooms.** Jones, L.
- **The role of associative learning in the onset of obsessive-compulsive washing rituals.** Jones, M. and Menzies, R.G.
- **Stress prevention and management: A multidimensional approach.** Weintraub, E.
- **The effects of stress and relaxation training on the psychophysiological responses.** Sophian, M.
- **Chronic Insomnia: Stress and anxiety.** Averbuch, M.A. and Inbar, J.

Parallel Session 11: "Emotions" Chair: H. González-Ordi.

- The moderating role of suggestibility in trait and state anxiety. González-Ordi, H. and Miguel-Tobal, J.J.
- Predicting the intensity of negative emotions activated by short term experimental stress. Biasi, V., Bonaiuto, P. and Giannini, A.M.
- The dynamics of threat and challenge prior to stressful achievement events: Implications for valence and directional interpretation of emotion. Skinner, N. and Brewer, N.
- Implicit stress theory: The spurious effect of challenge and threat on performance ratings. Westman, M., Eden, D. and Schodl, M.

Parallel Session 12: "Occupational Stress" Chair: Z. Zaleski.

- Psychological costs of professional success. Do managers experience stress?. Zaleski, Z. and Mesjasz, J.
- Emotions at work: Feelings, stress and work-commitment. Thévenet, M.
- Stress prevention at the work place. Practical and methodological pitfalls. Merez, D.
- Age differences in occupational stress in managers. Knotkova, H., Mokrejs, P., Man, F. and Spielberger, C.D.
- Occupational stress in relation to organisational climate: A comparison of workers and supervisors. Khan, W., Kumar, R. and Osmany, M.

Interactive Poster Session 1: "TEST ANXIETY"

Chair: Jeri Benson (Presenting authors available during breaks)

- An examination of the relationship between coping styles, negative automatic thoughts and ego states of transactional analysis among university students. M. Akbag.
- Are computer video games affecting behavior? L. Rosen and M. Weil.
- Violent teenagers explain their behavior, or the problem of injured pride. J. Shatil.
- Anxiety and achievement expectation. A. Barrenetxea, R. Martínez, O. Landeta, M.P. Galindo, A. Brea and F. Palmero.
- Stress as dimension of the organizational conflict in primary school in Turkey. M. Ölcüm.
- Sources of anxiety in foreign language teachers. H. Ipek.
- Students in regular, key, and private high schools in China: Their fears and related anxieties. H. Li, P. Sanchez and R. Morris.
- Interpersonal perception of the examiner's behavior in oral academic exams. P. Buchwald, B. Busch, M. Störmer and C. Schwarzer.
- Anxiety and perception of the violence in the students of the primary and secondary. F.J. Pérez-Pareja, J.L. Carrión del Campo and C. Redondo.

- Particularities of executive attention in anxious children. O. Benga
- Marital quality, family patterns, and children's fears and social anxiety. O. Peleg-Popko and R. Dar.
- Eficacia diferencial de estrategias de afrontamiento en la reducción de la ansiedad ante los exámenes en función del tipo de variable principalmente afectada. I. Serrano Pintado and M.C. Escolar Llamazares.
- The strategies constructing own futures before secondary school-leaving examination. C. Timoszyk and Z. Zaleski.
- Stress dimensions in university students. H. Neto, R. Santos and A. Baptista.
- The school stress and it's management in Korea. Moon Joo Kim.
- School stress and psychophysiological development in young children. L.G. Korobeynikova and L. Kozak.
- Análisis de las soluciones factoriales del estudio piloto para la construcción de un instrumento demedida de la ansiedad ante los exámenes. C. Salgado, B. Arias and M. Viforcós.
- Inventory of situations and responses of anxiety for young people (ISRA-J): Differences in the development of response pattern. Pollo, M.J., Cano-Vindel, A. and Miguel-Tobal, J.J.
- Adaptation of the ISRA-J (Inventory of situations and responses of anxiety for adolescents) to a sample of italian subjects. Moretti, F., Galeazzi, A., Cano-Vindel, A. and Miguel-Tobal, J.J.
- La revista "Ansiedad y Estrés". Tortosa, F., Civera, C. and Sánchez-Lozano, E.
- Los congresos de la SEAS. Tortosa, F., Civera, C. and Sánchez-Lozano, E.
- Stress in academic life. Pereira, A.
- Stress and professional self: a study on portuguese primary school teachers. Lopes, A.
- Functional significance of future-orientation on arousal of test-related anxiety and performance. Gjesme, T. and Nygård, R.

Interactive Poster Session 2: "EMOTIONS, ANGER AND TREATMENT" Chair: Carmen Borrás (Presenting authors available during breaks).

- Contextual threat and subjective appraisals of stressors as predictors of psychological stress. H. Orpana, L. Lemyre, A. Ieroncig, J. Savoie and L. Sweet.
- Psychometric properties of the inventory of the attributional style in test situations- IACE. N. Camuñas, A. Cano-Vindel and M.A. Pérez-Nieto.
- Coping and emotions in drug dependent's families. V.I. Schmidt.
- Components and dimensions of appraisal process in anger response. M.A. Pérez-Nieto, J.J. Miguel-Tobal, A. Cano-Vindel and H. González-Ordi.
- Un programa de intervención grupal para sujetos que presentan ansiedad ante los exámenes: un estudio piloto. J. Cano, M.A. Rando y L. Valero.
- Relaxation and suggestive self-control training in the treatment of addictive behaviors. G. Morales and L.M. Gallego.

- Un programa cognitivo-conductual aplicado a un caso con ansiedad ante un examen tipo oposición. J. Cano.
- The drug addict's problem of being addicted to psychopharmaceuticals: Study about dealing therapeutically with sleep anxiety disorders in substitute programs with metadone. A. Carreras y J.A. Carrobles.
- Clinical usefulness of a simulated exposure treatment for fear of flying. X. Bornas, M. Tortella, J. Llabrés, P. Pauli and A. Mülberger.
- Eficacia de los procedimientos cognitivo-conductuales en el manejo del trastorno por ansiedad generalizada: Una revisión y una propuesta. J.M. Prados.
- A programme therapy validation for families of schizophrenics: Reduction of negative responses. B. Terrassa, F.J. Pérez-Pareja and Palmer, A.L.
- Dealing with Illness in HIV infection: The role of coping. Remor, E.A. and Carrobles, J.A.
- Psychotherapy and stress management in pediatric oncology: A bibliometric study. Molero, M., Pérez-Marín, M.A. and Barreto, P.
- Treatment of a case of complicated bereavement masked under hypochondria. Molero, M., Pérez-Marín, M.A. and Quiñonero, J.
- Is physical exercise useful for treating anxiety? Miguel-Tobal, J.J., Martín-Díaz, M.D. and Navlet, M.R.
- Is anger expression associated by repressive coping style? Stuchliková, I. and Man, F.
- Anger and hostility as components of type-A behavior and their relations to achievement motivation in college students. Gärtner, C., Höcker, S., Kamperhoff, T. and Schwarzer, C.
- Spanish state-trait anger expression inventory-2. Miguel-Tobal, J.J., Cano-Vindel, A., Casado, M.I. and Spielberger, C.D.
- Application of the biological retroactive connection in the process of competitive stress control. Avoyan, L. and Babayan, H.
- Urban Quality of Life and Stress Control Group Encounters: a learning, intervention and prevention project in the city of São Paulo, Brazil. Bassani, M.

Friday, 13th July, 2001

9.00-9.45	Conference 3: "Positive emotions as key constructs in positive Psychology". R. Fernández-Ballesteros.
9.45-10.00	Break
10.00-10.45	Invited address 4: "Finding benefit in the experience of cancer". C. Carver.
10.45-11.15	Break and Interactive Poster Session: 3
11.15-12.30	Parallel Session: 13 to 16

Parallel Session 13: "Cross-cultural transitions and environment"

Chair: K. Moore.

- **Individual and communal coping with burnout in kindergarten teachers and counselors.** Schwarzer, C. and Buchwald, P.
- **Stress coping and snacking behavior among Japanese school students.** Shimai, S.
- **Coping with chronic pain, depression and accompanying life change.** Moore, K. and Popomilkov, J.
- **Factors affecting coping responses of managers in multinational corporations in Hong Kong.** Yeung, S.F. and Frydenberg, E.
- **Proactive coping, well-being and adjustment in the elderly.** Fiksenbaum, L., Eaton, J. and Greenglass, E.

Parallel Session 14: "Test Anxiety II" Chair: E. Depreeuw.

- **Atkinson's and Covington's theory revisited: One more decade later.** Depreeuw, E. and Lens, W.
- **The effect of instrumentality on students motivation as a function of the level of test anxiety.** Lens, W., Simons, J. and Dewitte, S.
- **The influence of test anxiety on the measurement of intelligence.** Oostdam, R.J. and Meijer, J.
- **Academic demands, coping processes and test anxiety.** Santos, R., Baptista, A. and Neto, H.
- **Stress levels and coping styles of parents whose children go through competitive examinations.** Ural, O. and Erkin, E.

Parallel Session 15: "Social support and lifestyle"

Chair: R. Schwarzer.

- **Social support and health: An overview.** Schwarzer, R., Rieckmann, N. and Schulz, U.
- **Ways of coping and social support among nurses in Hungary.** Piczil, M. and Piko, B.
- **The experience of stress in everyday activities.** Larson, E.
- **Social stress and its lifestyle consequences. Focus on youth in the post-socialism transition.** Piczil, M. and Piko, B.
- **Does psychosocial stress contribute to health crisis in newly independent Baltic states?** Kaasik, T.

Parallel Session 16: "Experimental perspective in the study of emotions" (spanish) Chair: García Fernández-Abascal.

- **Emotional processing: The case of disgust.** García Fernández-Abascal, E., Martín-Díaz, M.D. and Lasa, A.
- **Physiological concomitants of the emotional Stroop effect.** Álvarez, M., Sanz, A., and Villamarín, F.
- **Effect of the sensitivity to the punishment and the reward on the subjective valuation of the experimentally manipulated incentive.** **Sanz, A., Álvarez, M., Sallent, V. and Villamarín, F.**
- **The relationship between communication verbal and facial expression of the affects.** A. Lasa and M.A. Vallejo

12.30-12.45 Break

12.45-13.30 Invited address 5: "Sexual and Domestic Violence". J.A. Carrobes.

13.30-16.00 Lunch

16.00-17.15 Parallel Session: 17 to 20

Parallel Session 17: "Chasing a moving target: Looking at stress and coping dynamically" (Roundtable)

Chair: S. Hobfoll. Participants: Buchwald, P., Frydenberg, E., Erkin, E. and Kaniasty, K.

Parallel Session 18: "Technophobia" Chair: M. Brosnan and L. Rosen.

- **The relationship between psychological gender, gender-related perceptions of technology and computer anxiety in children.** Brosnan, M. and Rosen, L.
- **A cross-cultural examination of the relationship between psychological gender and computers.** Brosnan, M., Rosen, L. and Hirata, K.
- **Does Technophobia conform to DSM-IV criteria for a specific phobia (300.29)?** Brosnan, M. and Thorpe, S.
- **A single treatment for technophobia.** Thorpe, S. and Brosnan, M.
- **The technophobia reduction programme: A 10 week study.** Brosnan, M., Rosen, L., Carrier, M. and Weil, M.
- **The relationship between psychological gender, gender-related perceptions of technology and computer anxiety.** Brosnan, M. and Rosen, L.

Parallel Session 19: "Assessment II" Chair: F. Man.

- The development and validation of the Czech form of the competitive anxiety inventory-2. Man, F. and Repka, E.
- The stress, the challenge and the prestige of university study: How students' conceptions of workload and difficulty relate to motivation, learning outcomes and teaching quality. Roche, L.A.
- Video (self-)confrontation. A diagnostical instrument to assess coping behavior and action control strategies in elite sports. Stoll, O., Ziemainz, H. and Zimmermann, S.
- Strategic approach to coping scale (SACS): An Italian study. Communian, A.L.

Parallel Session 20: "Emotions, health and woman" (spanish) Chair: A. Font.

- Emotional state comparison between women with breast cancer that demands psychological counseling and women under routine assessment by physician derivation. Font, A. and Rodríguez, E.
- Emotional benefits of group therapy in breast cancer patients. Font, A. and Rodríguez, E.
- Emotional responses and infertility. Castro, C., Pérez-Pareja, F.J., Palmer, A.L. and Borrás, C.
- Anxiety and diagnosis of Premenstrual Syndrome (PMS). Borrás, C., Pérez-Pareja, F.J., Palmer, A.L. and Castro, C.

17.15-17.45 Break and Interactive Poster Session: 4
17.15-18.00 National Representatives Meeting
17.45-19.00 Parallel Session: 21 to 24

Parallel Session 21: "Childhood and Adolescence" Chair: I. Sarmány-Schuller.

- Life events and morbidity in children. Sarmány-Schuller, I. and Zlámlová.
- Negative life events and depression in adolescence: The buffering role of cognitive coping strategies. Kraaij, V., Garnefski, N., de Wilde, E.J., Gebhardt, W., Maes, S. and Sweeney, L.
- Depression in adolescence: Risk and protective factors approach. Piko, B. and Fitzpatrick, K.M.
- Examining the links among economic stress, family functioning and adolescent outcomes. Robila, M. and Krishnakumar, A.
- Stress and coping in black South African adolescents. Spangenberg, J.J. and Henderson, K.

Parallel Session 22: "Postraumatic Stress I" Chair: E. Erktin.

- The relationship between mothers' coping and their children's stress in a major disaster. Erktin, E. and Kublay, E.
- Traumatic reactions of Turkish earthquake survivors. Erdur, O., Kalayjian, A. and Aberson, C.
- Stress and coping: Ten years after a natural disaster. Toukmanian, S., McKee, S. and Gordon, K.
- A group guiding program for adolescents who was exposed to natural disaster. Kulaksizo, A. and Özcan, S.
- Earthquake anxiety of victims after 17th August and 12th November 1999 in Turkey. Bakioglu, A.

Parallel Session 23: "Coping with school related stress" Chair: K. Wrzesniewski.

- Styles and strategies of coping with school-related stress: Some theoretical and methodological issues. Wrzesniewski, K.
- Coping with stress caused by a difficult exam: A study within an interactional paradigm. Heszen-Niejodek, I. and Gruszczywska, E.
- Some psychological costs of achievement in performing arts. Defense mechanisms and coping styles. Bonaiuto, P., Biasi, V., Giannini, A.M. and Chiappero, E.
- How stress affects academic achievement in Primary schools. Palut, B.
- Sources of stress, coping and psychological well-being among Asian Turkish Republics' students in Turkey. Dilmac, B., Otrar, M. and Eksi, H.

Parallel Session 24: "Health, Cancer and Cardiovascular Disorders" Chair: F. Palmero.

- Physical activity in the rehabilitation process of cardiac-infarct and diabetes patients. A conservation of resources approach. Stoll, O.
- Psychological test of the cardiovascular stress reaction. López-Rosetti, D.
- Fears related to chronic venous disease. Nunnelee, J.D. and Spaner, S.D.
- Disposition to monitor, perceptions of control, coping and psychological distress in women diagnosed with breast cancer. Roussi, P., Hatzidimitriou, C., Krikeli, V., Kourti, I. and Boussoulegas, A.
- Psychological stress of gastrointestinal cancers. Sukantarat, K.T. and Williamson, R.C.N.

Interactive Poster Session 3: "COPING" Chair: Rita Santos
(Presenting authors available during breaks).

- **Coping strategies: A comparative study of a clinical and a community sample of adolescents.** Dumont, M., Pronovost, J. and Leclerc, D.
- **Psychological predictors of coping strategies with cancer disease.** Juczynski, Z. and Oginska-Bulik, N.
- **Sense of coherence, style coping with stress, level of anxiety and believe in God.** Mausch, K.
- **Psychological distress prediction from sex, stress, school performance, social and personal resources at the adolescence: a longitudinal study.** Dumont, M., Provost, M., Leclerc, D. and Deslandes, R.
- **Effects of dispositional cognitive appraisal and coping styles on the anxiety in patients after myocardial infarction.** D. Włodarczyk.
- **A comparison of coping styles in alcohol dependent and control subjects.** S. Wójtowicz and B. Mroziak.
- **Evaluating state-anxiety and coping strategies under competition conditions.** Traverse, C. and Menaut, A.
- **Ways of coping Questionnaire: A psychometric study of the Spanish version.** Gómez-Benito, J. and Rusiñol-Estragués, J.
- **Appraisal and coping Inventory (IVA) and its use in occupational contexts.** Leibovich, N.B. and Schmidt, V.I.
- **Managing the evaluation anxiety: Preparation for coping the exams on a psychological healthy way.** Morales, G., Gallego, L.M., Sancho, C. and Mestre, M.
- **How different proactive coping strategies affect positive and negative health indicators.** Sek, H. and Pasikowski, T.
- **The functional role of resources in the processes of coping with life stress.** Pasikowski, T. and Sek, H.
- **Religious orientation, anxiety and self-esteem.** H. Bahrami.
- **Positive and negative affect among adolescents: Associations with mastery, optimism and gender.** Ben-Zur, H.
- **Discriminative facility and its relation to psychological distress.** Roussi, P., Vasilaki, E. and Triliva, S.
- **Cross-cultural comparison of coping strategies with respect to cognitive styles.** Sarmány-Schuller, I. and Pérez-Sánchez, J.
- **Aging peculiarities of informational processing organization.** Korobeynikov, G.
- **Cognitive, behavioral and anxiety factors related to a high-level pool tournament: A single-case presentation.** García-Mas, A., Far, S., Tello, M. and Recasens, J.
- **Inventory of suggestibility: Preliminary psychometric results in a german sample.** Hodapp, V., Rohrmann, S., González-Ordi, H. and Miguel-Tobal, J.J.
- **A protocol for assessing the disorder of exhibitionism.** Mateu, M.A., Balle, M.

- Support in stressful situations, the interlocutor's characteristics which establish him/her as an empathetic person. Ramos-Díaz, N.S. and Fernández-Berrocal, P.
- Specific stressors for women in Buenos Aires city. Ariovich, L., Schmunis, C. and Beilis, D.
- Coping, Psychological Symptoms and Coping-Symptom Relationships: An Analysis of Adaptation Process of College Life. Ozbay, Y., Palanci, M., Yazici, H. and Çakir, O.
- Coping Styles and Big Five Personality Linkage. Ozbay, Y., Sahin, M., Misirli, O. and Alsan, M.H.

Interactive Poster Session 4: "HEALTH AND POSTTRAUMATIC STRESS" Chair: I. Iruarrizaga (Presenting authors available during breaks).

- The impact of moderate doses of alcohol on negative mood states. Sithartan, G.
- Type A behavior pattern. Hostility. Anger. Depression. Coronary artery disease. Trigo, M. and Lourenço, I.
- Physical and behavioural health index: differences regarding to sex, age and job. Cardenal, V. and Sánchez-López, M. P.
- The relationship between indexes of central hemodynamics and level of trait anxiety in human. Loktyva, R. K. and Tsybenko, V. A.
- Gender differences in cardiovascular reactions to stressful situations: Active and Passive requirements and time stability. Edyta Zajac, M. A.
- Minor stressors and alcohol's positively reinforcing effects. McGeary, J. E., Hutchison, K. E., Darcangelo, V. P. and Feldman, J. M.
- Anger expression styles of women with psychologically abused and nonabused backgrounds. Imamoglu, S. and Aydin, B.
- The increase of the anxiety in the subjects components of intervention groups in crisis and disasters. Rotger, D., Gallego, L. M. and Morales, G.
- Factors associated with PTSD symptoms among Dutch former peacekeepers. Dirkzwager, A. J. E., Bramsen, I. and van der Ploeg, H. M.
- A longitudinal study about the effects of the Marmara earthquake on the anger and anxiety levels of Science Education University students in Turkey. Karagüven, H. M. and Bayram, H.
- Emotional control training in morbid obesity. Iruarrizaga, I., Rubio, M. A., Cabrerizo, I. and Monterrubio, S.
- The role of anxiety in the alteration of body image in a eating disorder risk university population. Sepúlveda, A.R., Carrobes, J.A. and Almendros, C.
- Colores de la vida (Kulay ng Buhay). Melgar, I., Valdes-Cabio, M.R. and Gatmaitan, L.
- Fibromialgy, simulation, anxiety and depressed state of mind. Pérez-Pareja,

- Conducta de fumar y su relación con la ansiedad y el estrés. Calvo, F.
- Actualización del estado de salud: Estudio de variables psicológicas en sujetos VIH+ en tratamiento con metadona. Ladero Martín, L., Carrobles, J. A., Galindo Espada, P. and Remor, E. A.
- Niveles de Cortisol en Orina y su relación con variables de personalidad, estrés percibido y desempeño. Caparrós, F.J., Martínez-Abascal, M.A., Pastor, S., Fernández, N., Ruíz, P., Bauzá, M., Homar, V. and García de la Banda, G.
- Perfiles de ansiedad relacionados con diversos trastornos dermatológicos. Vallellano Pérez, L. and Prados Atienza, J. M.
- El cuestionario de Bienestar psicológico CAVIAR como propuesta metodológica de evaluación. Regina, C., López, V. and Seuc, A.
- Emotions and chronic low back pain. Truyols, M.M., Perez-Pareja, J., Miguel Tobal, J.J. and Palmer, A.
- Life satisfaction and health related quality of life during pregnancy and puerperium. Richart, M., Cabrero, J., Reig, A., Tosal, B. and Orts, I.

Saturday, 14th July, 2001

10.00-11.15 Parallel Session: 25 to 28

Parallel Session 25: "Occupational Stress: Applied Research" (Presidential Session) Chair: C. Schwarzer.

- Work stress amplifying factors among teachers in Estonia. Merisalu, E. and Thetloff, M.
- Stress and now experience by professional fire-fighters and rescue teams. Weimar, D. and Schwarzer, C.
- The effects of being spurned and self-esteem on social workers burnout and coping preference. Cheuk, W.H. and Wong, K.S.
- The anger and anxiety levels of turkish textile workers. Karagüven, H.M. and Ercan, E.

Parallel Session 26: "Clinical and health psychology" Chair: P. Knotek.

- **Social anxiety in patients suffering from anxiety disorders.** Zikic, O., Trajanovic, L. and Djordjevic, A.
- **Screening anxiety and depression with HADS in HIV+ spanish sample.** Remor, E.A. and Carrobles, J.A.
- **Pain beliefs: Processes between pain and affects.** Knotek, P
- **Anxiety. Possible implications for health.** Rohrman, S., Hennig, J. and Netter, P.
- **Autonomic nervous system function in people with panic disorder.** Alvarenga, M., Richards, J.C. and Esler, M.D.
- **Stress and coping in bronchial asthma.** Reyes, C., Carrobles, J.A. and Montorio, I.

Parallel Session 27: "Postraumatic Stress II" Chair: I. Stuchliková.

- **Personality traits and development of post-traumatic stress disorder (PTSD).** Dudek, B., Koniarek, J. and Szymczak, M.
- **Stress, resilience and psychological hardiness during the recent crisis in Jerusalem.** Inbar, J.
- **Identifying the traumatic stress experienced by the Kashmiri students.** Husain, A. and Sheikh, M.A.
- **Postratumatic stress disorder symptoms, psychological distress, personal resources and quality of life in four groups of Holocaust child survivors.** Lev-Wiesel, R. and Amir, M.
- **Influence of Emotional Uneasiness on the Status of the Child in Group.** Araratyan and G. Avanesyan

Parallel Session 28: "Family and Violence" (spanish) Chair: J.A. Ríos.

- **Gender and stress.** Carballeira, M., Matud, P., Marrero, R., Moraza, O. and Rodríguez, N.
- **Postratumatic stress disorder in battered women.** Marrero, R., Matud, P., Carballeira, M., Esquivel, A., Manrique de Lara, R., Sánchez, T. and Correa, L.
- **Cognitive-behavioral treatment for a victim of rape (postratumatic stress single-case).** Rando, M.A
- **Anxiety and Stress in families and couples. Therapeutic strategies.** Ríos, M.A.

- 11.15-12.30 Break and Interactive Poster Session 5.
 STAR General Meeting
- 12.30-12.45 Break
- 12.45-13.30 Invited address 6: "What is involved in the repressive coping style". M. Eysenck.
- 13.30 Closing Session.

Interactive Poster Session 5: "Work Stress" Chair: A. Sesé
 (Presenting authors available during breaks).

- **Collective identity as a way of coping with acculturative stress.** Larose, C.
- **The relationship between anticipated downsizing, job insecurity, commitment and burnout.** Westman, M., Etzion, D. and Hofsteter-Cohen, L.
- **Anxiety and bullfighters.** Vasconcelos-Raposo, J.
- **The impact of vacation and slack work periods on job stress and burnout among newcomers and veteran israelis.** Etzion, D., Westman, M. and Kremer, S.
- **Job-related stress and social support in kindergarten principals: The case of Macau.** Kwok Sai Wong and Wai Hing Cheuk.
- **Possible principles of optimization of a functional condition of organism.** Makarchuk, M. and Kutsenko, T.
- **Optimization of a functional condition of human's brain through odours of volatile oils.** Makarchuk, M., Berezovchuk, L. and Danilov, S.
- **A stress management course to prevent distress in health and education professionals.** Neves de Jesus, S., Reis, A. I. and Almeida, M. H.
- **Psychophysiological mechanisms of occupational stress in elderly scientific workers.** Korobeynikov, G. and Kharkovluk, N.
- **Work/Life stress and psychological distress: The role of work and out-of-work sources of support.** Benzimra, Y. M and Lemyre, L.
- **Ansiedad en personal de enfermería que labora en hospital.** Palomera-Chávez, A., Meda Lara, R. M., González Alvarez, M. A. and Flores Villavicencio, M. E.
- **Estrategias de afrontamiento y síntomas de estrés en enfermeras.** Palomera-Chávez, A., Flores Villavicencio, M. E. González Alvarez, M. A. and Meda Lara, R. M.
- **Psychometric cross-validation of the Job Tension Inventory (T3/14) factor structure: Multisample confirmatory factor analysis (MCFA).** Sesé, A. and Meliá, J. L.

- Ejercicios de juego y creatividad frente al estrés docente. Meinardi-Mozej, T. R.
- El estrés laboral (burnout) en cuidadores formales de ancianos. Menezes, V.A.

Notes.

- *Posters' dimensions will be 110 cm (width) x 90 cm (height).*
- *Morning session posters will be placed at 10.00 o'clock and they will be removed at 13.30 hours.*
- *After lunch session posters will be placed at 16.00 o'clock and they will be removed at 19.00 o'clock.*
- *The authors will be present to debate their works at the hour indicated in the program.*



STAR Awards

STAR has provided two awards: a STAR early career contribution award and a STAR lifetime contribution award. Charles D. Spielberger and Ralf Schwarzer were recipients of STAR's lifetime achievement award, Joachim Stöber and Emine Erkin were recipient of STAR early career award. Nominations for either award are always welcome and should be mailed to Christine Schwarzer.

National Representatives

Because we have broadened the scope of the organization in recent years, the STAR Board has appointed National Representatives to acquaint colleagues in their respective countries with our organization. If your country does not have a National Representative and you would like to suggest someone (including yourself), please contact Christine Schwarzer, the STAR president. The term of a National Representative will be three years, renewable if jointly agreed upon. National Representatives are appointed by the Board during each STAR annual meeting.

The primary role of the National Representative is to enhance STAR's visibility thorough: 1. Announcement of the Call for Proposals and annual meeting in newsletters,

anxiety, and coping; 3. Reporting activities as National Representative at the meeting of National Representatives at the annual STAR conference; and 4. Distribution of STAR information materials.

Listing of the STAR panel of National Representatives

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Announcement

Advanced Seminars.net is pleased to offer mental health professionals the option of forming real-time, interactive Peer Collaboration Groups on its eLearning portal www.advancedseminars.net. Clinicians may now opt to form their own peer group that meets in real-time chats or for those who live in different time zones, an option exists to create a peer supervision group that utilizes a message board format that is available 24 hours a day, 7 days a week. These options are available with or without access to a Virtual Campus community that includes a free Virtual Library of mental health resources and numerous collaboration features. Peer Supervision Groups are priced at \$99.00 or \$125.00 USD per member per month depending upon the level of access to community features selected. A minimum of 6 group members are required to form a group.

Practitioners may now also choose from several new, faculty-led clinical seminars that include 110: Cognitive Couples Therapy 111: The Subjective Experience of Conducting Psychodynamic Psychotherapy 112: Clinical Interventions in the Treatment of Eating Disorders 113: Relapse Prevention for Adolescent Sexual Abusers 114: A New Look at Malingering 115: Clinical Interventions-Beyond the Seat of Your Pants 116: Global Perspectives in the Use of Play Therapy . Seminars are priced at \$289.00 USD and offer continuing education credits.

Practitioners interested in forming their own peer supervision groups, enrolling in any of the live learning events or teaching online are invited to visit the web site for details or email info@advancedseminars.net for more information.

Mark E. Chernin, Ph.D.

Advanced Seminars.net

...an online learning community

www.advancedseminars.net

Voice: 732-565-1115

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International Conference on Psychology Education St. Petersburg, Russia, June 17-21, 2002

The International Conference on Psychology Education, hosted by the Herzen State Pedagogical University of Russia, will be held in St. Petersburg, Russia, June 17-21, 2002.

The Organizing Committee is keen to encourage participation by psychology teachers, educational leaders, and researchers at all levels of education and in all educational settings. We invite contributions on a wide range of topics covering broad aspects of teaching and learning psychology and specific challenges in the 21st Century.

The conference will launch an international network in the field of psychology education to enhance quality teaching in psychology. The goals of the conference are to compile, describe, and summarize information on how psychology is taught internationally, and to exchange knowledge on research in the area of teaching and learning psychology.

For more information, contact the Conference Chair, Professor Victor Karandashev, e-mail: victor.karandashev@usa.net; e-mail copy to: vkarandashev@mail.ru.

Conferences and Important Dates

June 27-29, 2001. Conference on Affective Human Factors Design, Singapore. Information: <http://www.unimas.my/cahd2001>.

July 1-6, 2001. VII European Congress of Psychology, London, United Kingdom. Information: VII European Congress of Psychology Secretariat, ICM Conference Associates, 4 Cavendish Square, London W1M 0BX, United Kingdom. Phone: 44 (0) 207 499 0900; Fax: 44 (0) 207 629 3233; E-mail: ecop2001@bps.com; Website: <http://www.bps.org.uk/ecop/home.htm>.

July 8-12, 2001: 59th Annual Convention of the International Council of Psychologists, Winchester, Great Britain. Information: Ernest S. Fried, PhD, Secretary-General ICP, 62 Pierrpont Street, Suite 1E, Brooklyn, NY 11201-2452. Phone: 718-852-5217; Fax: 718-852-7124; E-mail: fried@prodigy.net; Website: <http://www.geocities.com/icpsych/icp.htm> or <http://homepages.uc.edu/~griesiws/convent.htm>.

July 12-14, 2001. 22nd International STAR Conference, Majorca, Spain. Local Organizer and Program Chair: Javier Pérez Pareja; E-mail: dpsjpp0@ps.uib.es or vdpscbs3@clust.uib.es. Organization Secretary: Albert Sesé Abad; E-mail: albert.sese@uib.es. Website: <http://www.star-society.org/STAR01/>.

July 17-21, 2001. World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada. Information: Mary Jane Eimer, CAE, Executive Director, Association for Advancement of Behavior Therapy (AABT). Contact: mjeimer@aabt.org (E-mail).

August 24-28, 2001. Annual Convention of the American Psychological Association, San Francisco, USA. Information: APA Convention Office, 750 First Street, NE, Washington, DC 20002-4242, USA. Phone: +1 202 3366020, Fax: +1 202 3365956, Website: www.apa.org.

June 17-21, 2002. International Conference on Psychology Education, St. Petersburg, Russia. Information: Prof. Victor Karandashev, e-mail: victor.karandashev@usa.net; e-mail copy to: vkarandashev@mail.ru.

July 7-12, 2002. Twenty-Fifth International Congress of Applied Psychology, Singapore. Information: CEMS Pte Ltd, 1 Maritime Square, #09-43 World Trade Centre, Singapore 099253. Phone: (65) 278-8666, Fax: (65) 278-4077, E-mail: cemssvs@singnet.com.sg, Website: <http://www1.swk.nus.edu.sg/icap>.

July 14-17, 2002. 23rd International STAR Conference, Melbourne, Australia.